prospects of proposals such as quantum-interferometric optical lithography. The method can be adapted to generate entangled states of arbitrarily large photon number. Because prior entanglement is not required, the procedure would work well with single-photon-on-demand sources^{29,30}, which promise to be more efficient and scalable than down-conversion sources. Scalability would also be enhanced by the use of photon-number-resolving detectors. The construction proceeds from spatially separated, unentangled photons to a maximally entangled state in a single spatial mode, a state suitable for Heisenberg-limited phase measurements.

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Increased seasonality in Middle East temperatures during the last interglacial period

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The last interglacial period (about 125,000 years ago) is thought to have been at least as warm as the present climate¹. Owing to changes in the Earth's orbit around the Sun, it is thought that insolation in the Northern Hemisphere varied more strongly than today on seasonal timescales², which would have led to corresponding changes in the seasonal temperature cycle³. Here we present seasonally resolved proxy records using corals from the northernmost Red Sea, which record climate during the last interglacial period, the late Holocene epoch and the present. We find an increased seasonality in the temperature recorded in the last interglacial coral. Today, climate in the northern Red Sea is sensitive to the North Atlantic Oscillation^{4,5}, a climate oscillation that strongly influences winter temperatures and precipitation in the North Atlantic region. From our coral records and simulations with a coupled atmosphere-ocean circulation model, we conclude that a tendency towards the high-index state of the North Atlantic Oscillation during the last interglacial period, which is consistent with European proxy records⁶⁻⁸, contributed to the larger amplitude of the seasonal cycle in the Middle East.

The Arctic Oscillation/North Atlantic Oscillation (AO/NAO), the Northern Hemisphere's dominant mode of atmospheric variability, exerts a strong influence on mid- and high-latitude continental climate by modulating the strength of the subpolar westerlies at interannual to interdecadal timescales^{9,10}. Previous work has shown that the northernmost Red Sea represents a location to study past AO/NAO-related atmospheric variability over the Northern Hemisphere, and that annually banded corals from this subtropical site provide proxy records of this variability over the past centuries^{4,5}. This narrow, desert-enclosed ocean basin is influenced by midlatitude continental climate^{5,11} and is sensitive to atmospheric processes owing to a weak water column stratification¹².

Two fossil coral colonies (*Porites*) were collected near Aqaba on the Jordanian coast of the Gulf of Aqaba, the northeastern extension of the northernmost Red Sea (Fig. 1a). Colony AQB-10-B was recovered from a canal cut into the modern reef flat, whereas colony AQB-3-A was collected from a complex of raised reef terraces. X-radiographs revealed annual density bands and were used to identify areas within the colonies that appear to be unaffected by diagenetic alteration (Fig. 1b, c). X-ray diffraction analyses of these areas indicate an aragonite content of 98–99%, and petrographic thin sections show only traces of secondary aragonite. The bimonthly resolution time series of both coral δ^{18} O and δ^{13} C (not shown) generated from these areas show clear annual cycles, suggesting that the sampled sections were not subject to major diagenetic alterations with respect to stable isotopes (see Methods and Supplementary Information). Radiocarbon dating indicates that coral AQB-10-B grew 2.9 kyr ago during the late Holocene. The age of coral AQB-3-A is 121.9 (+7.0/-6.3) kyr, based on U-series dating including a correction for open-system behaviour. Additional uncertainty due to model assumptions is reflected in the larger age error compared to usual U-series dating of corals¹³ (see Methods). The latter coral grew during the last interglacial period, which, in the Middle East, is documented between 124 and 119 kyr ago based on a U-series dated speleothem record of eastern Mediterranean climate¹⁴, with the main peak at 122 kyr coinciding with the coral's age.

The late Holocene and last interglacial corals provide bimonthly resolution δ^{18} O time series for time windows of 98 and 44 yr, respectively. Multitaper method spectral analysis reveals significant variance at interannual periods of 5–6 yr in both records (Fig. 2c, d), which can be interpreted as an indication of AO/NAO-like atmospheric variability over the Northern Hemisphere at 2.9 and 122 kyr ago. Similar variability is evident in the time series of a modern coral from the northernmost Red Sea (Fig. 2a), where it is strongly linked

with regional sea surface temperature (SST) and the AO/NAO⁴. Cross-spectral analysis reveals that this interannual variability is highly coherent and in phase with the AO index (Fig. 2b), although a minor fraction is associated with weaker and non-stationary tropical Pacific teleconnections modulated by higher-latitude atmospheric circulation^{4,11}. Although the AO/NAO is most pronounced during winter, it is present throughout the year^{15,16}. Consequently, spectral analyses were performed with bimonthly resolution time series, reflecting variability throughout the year. This procedure is supported by the finding that the physical mechanism that provides a link between the AO/NAO and Middle East climate during winter⁵ is similar to that for interannual variability throughout the year (see Supplementary Fig. S1): a high-pressure anomaly over the Mediterranean Sea associated with the AO/NAO favours an anticyclonic flow of surface winds in the eastern Mediterranean, which results in advection of colder air from southeastern Europe, controlling SST and coral δ^{18} O variability in the northern Red Sea⁵.

The most striking feature of the coral δ^{18} O time series is increased seasonality in the last interglacial record compared to the modern and late Holocene records (Fig. 2). Because coral δ^{18} O is influenced by both temperature and δ^{18} O of sea water, we applied the coral Sr/Ca palaeothermometer to the fossil corals and to three modern reference corals. Combined Sr/Ca and δ^{18} O analyses on modern corals show that both proxies satisfactorily document the seasonal



Figure 1 Maps of the northernmost Red Sea, and X-radiographs of the two fossil *Porites* corals. **a**, The sites of coral collection in the northern Gulf of Aqaba. Coral AQB-10-B was collected at 34° 57.84′ E, 29° 22.91′ N; coral AQB-3-A was collected at 34° 58.28′ E, 29° 27.12′ N. MBL/UO, H. Steinitz Marine Biology Laboratory/Underwater Observatory, Eilat; MSS, Marine Science Station, Aqaba; sea surface temperature was measured at UO²⁵. **b**, **c**, X-radiograph positive prints of 5-mm-thick slabs sliced parallel to the growth axis of coral AQB-10-B (**b**; 2.9 kyr) and coral AQB-3-A (**c**; 122 kyr). Alternating bands of high (dark colour) and low skeletal density (light colour) are visible. One year is represented by a high-density/low-density band pair. The sampling transect appears as a white line. The corals are about 60 cm high and 25–30 cm in diameter. Scale bars, 10 cm.



Figure 2 Time series of coral δ^{18} O based on modern, late Holocene, and last interglacial *Porites* colonies from the northernmost Red Sea and their spectral properties. Bimonthly coral δ^{18} O time series (left panel) and results of multitaper method spectral analysis with red noise null hypothesis³⁰ (number of tapers, 3; bandwidth parameter, 2; 99% significance level is indicated) (right panel) for **a**, a modern coral from Ras Umm Sidd⁴ (RUS-95, AD 1750–1995), **c**, a late Holocene coral (AQB-10-B, 2.9 kyr) and **d**, a last interglacial coral (AQB-3-A, 122 kyr) from Aqaba. **b**, Bimonthly time series of the Arctic Oscillation (AO) index¹⁰ (left panel). Cross-spectral analysis between the time series of the modern coral and the AO index (right panel). The 90% confidence level for coherency is indicated. Spectral analyses were performed for bimonthly, detrended and normalized time series with the average seasonal cycle removed.

SST cycle of 5.4 °C, indicating a seasonal cycle between 4.5 and 5.6 °C (Fig. 3a), in agreement with earlier findings that δ^{18} O seasonality in northern Red Sea corals is mainly controlled by temperature⁴. Both Sr/Ca and δ^{18} O of the late Holocene coral indicate a seasonal SST cycle of 5.2 °C at 2.9 kyr ago (Fig. 3b), similar to today. In contrast, in the last interglacial coral both proxies indicate increased SST seasonality of 8.4 °C at 122 kyr ago (Fig. 3d) (see Methods and Supplementary Information).

In order to understand the physical mechanisms responsible for increased SST seasonality in the northernmost Red Sea during the last interglacial, and seasonality similar to today at 2.9 kyr ago, we performed coupled atmosphere–ocean general circulation model simulations (ECHO-G) for last interglacial, late Holocene, preindustrial, and modern conditions (see Methods). Consistent with coral-based results, the corresponding modelled SST indicates increased seasonality during the last interglacial, and seasonality similar to modern and pre-industrial conditions at 3 kyr ago (Fig. 3c, e). Consistent with model-based SST, the modelled Middle East surface air temperature (SAT) anomalies indicate warmer summers and colder winters relative to modern conditions during the last interglacial (Fig. 4a, b). This increased seasonality would usually be explained by an amplified seasonal insolation cycle at that time (see Supplementary Fig. S4).

Indeed, our model suggests that warmer Middle East summers during the last interglacial result from increased summer insolation, as they are part of a spatially homogenous warming pattern over mid-latitude continental areas where insolation was enhanced (Fig. 4b). However, the model suggests that colder Middle East winters at that time did not solely result from reduced winter insolation at these latitudes, but are associated with the AO/NAO. The modelled winter SAT difference between last interglacial and modern climate reveals a warming and cooling pattern over the North Atlantic and adjacent continental areas that cannot be explained by differences in direct insolation forcing, but that resembles the spatial signature of the AO/NAO^{9,10}. This winter SAT anomaly indicates a tendency towards the AO/NAO highindex state during the last interglacial, with warmer winters in central Europe owing to increased advection of warm oceanic air



Figure 3 Coral-based sea surface temperature (SST) anomalies for the northernmost Red Sea and ECHO-G model-based SST and AO/NAO indices. Bimonthly *Porites* coral δ^{18} O (red) and Sr/Ca (blue) time series and coral-based SST anomalies (respective mean was subtracted). **a**, Modern corals EILAT-15B (left), AQ2 (centre), EILAT-1 (right), *in situ* SST²⁵ (dotted line); **b**, late Holocene (AQB-10-B; 2.9 kyr) and **d**, last interglacial coral (AQB-3-A; 122 kyr). **c**, **e**, Modelled monthly SST index of the coral region for 3 kyr (**c**, red), 123 kyr (**e**, red), pre-industrial (around AD 1830; **c**, black) and modern conditions (around AD 1980; **e**, black). **f**, Modelled AO/NAO index (December–February). Three greenhouse gas scenarios (black lines) and the ensemble mean (red line) for the period AD 1800–2000 (centred 41-yr running means). Mean standard deviations for 41 winters centred at 122 kyr, 3 kyr and the pre-industrial period (thick horizontal bar) are shown on the right. See Supplementary Fig. S7 for index definitions.

from the west, and colder winters in the Middle East owing to increased advection of cold continental air from the north (Fig. 4a). This implies that the AO/NAO contributed to increased SST seasonality in the northernmost Red Sea during the last interglacial through winter cooling. This is consistent with (1) coral-based results of AO/NAO-like interannual variability during the last



interglacial, (2) observations during recent decades where a shift towards the high-index AO/NAO is accompanied by colder winters in the northernmost Red Sea leading to increased seasonality, and (3) a strong relationship between interannual variability of modelled regional winter SST and the AO/NAO (see Supplementary Figs S5, S6). Furthermore, a tendency towards the high-index AO/NAO provides an explanation for warmer winters in central Europe during the last interglacial, as indicated by terrestrial proxy climate records^{6–8}, a finding in conflict with an explanation via reduced winter insolation at these latitudes.

Consistent with coral- and model-based SST, the modelled northernmost Red Sea SAT anomalies indicate seasonality similar to modern and pre-industrial conditions at 3 kyr ago (Fig. 4c, d). The winter SAT anomaly indicates a tendency towards the highindex AO/NAO at 3 kyr ago relative to pre-industrial conditions, which is less pronounced compared to the last interglacial. Compared to the latter, the amplified seasonal insolation cycle at 3 kyr ago is also less pronounced (see Supplementary Fig. S4). For the last interglacial, the winter SAT anomaly from pre-industrial climate indicates a more pronounced tendency towards the high-index AO/NAO compared to that from modern conditions (see Supplementary Fig. S8).

The modelled SAT anomalies, as well as the modelled AO/NAO indices, suggest a combined response of the AO/NAO to seasonal insolation changes on orbital timescales and to atmospheric greenhouse gases (Fig. 3f). Consistent with other model-based studies^{17,18}, a greenhouse gas increase from pre-industrial to modern values results in a slight tendency towards the high-index AO/NAO. The pronounced last interglacial high-index AO/NAO relative to 3 kyr ago and pre-industrial climate, however, can only be explained by differences in insolation forcing, as greenhouse gas concentrations were similar. Interestingly, the interannual AO/NAO variability is nearly unaffected by the orbital forcing, consistent with coral-based results. The physical mechanism linking orbital forcing and the last interglacial high-index AO/NAO most probably involves reduced boreal winter insolation in the tropics (Supplementary Fig. S4). In the model, this leads to a reduced pole-toequator temperature gradient, and a subsequent weakening of the Hadley cell accompanied by planetary wave activity, with increased Icelandic low and subtropical North Atlantic/eastern Mediterranean highs. The anomalous circulation pattern represents a quasi-equilibrium response to thermal forcing linked to land-sea temperature contrasts and orography¹⁹. Furthermore, a northward shift of the North American and Atlantic jet stream by downward propagating stratospheric anomalies is consistent with the highindex AO/NAO10.

The AO/NAO, the dominant mode of Northern Hemisphere climate variability on interannual to interdecadal timescales^{9,10}, has also been suggested to be important on millennial timescales^{20,21}. In addition, our approach (of combining seasonal resolution coral proxy records from a climatically sensitive, exceptionally northern, subtropical reef site with coupled atmosphere–ocean circulation

Figure 4 Near-surface air temperature anomalies for the last interglacial and the late Holocene based on the coupled atmosphere–ocean general circulation model ECHO-G. Difference between last interglacial (124 kyr) and modern climate (AD 1975–85) for **a**, winter (December, January, February; DJF) and **b**, summer (June, July, August; JJA). The corresponding anomalies from pre-industrial climate are shown in Supplementary Fig. S8. Difference between late Holocene (3 kyr) and pre-industrial climate (AD 1820–50) for **c**, winter (DJF) and **d**, summer (JJA). The corresponding anomalies from modern climate are shown in Supplementary Fig. S9. Near surface wind anomaly is schematically represented as white arrows. An average of 11 simulation years has been applied to the last interglacial and late Holocene climate centred at the respective time period. The region of coral collection in the northernmost Red Sea is marked by a white circle.

model simulations) suggests an important role of the AO/NAO in modulating regional Northern Hemisphere climate patterns and seasonality on orbital timescales. The cross-validation of well-dated, high-resolution palaeoclimatic records and state-of-the-art climate models provides a strong tool for evaluating the sensitivity of different modes of climate variability to natural and anthropogenic forcing factors. This provides a crucial step in understanding and predicting pronounced changes in past, present and future climate.

Methods

Microsampling, oxygen isotope and Sr/Ca analyses, age model

Microsampling, $\delta^{18}O$ analyses, age model construction, and interpolation to a bimonthly resolution were performed as recently described for a modern coral from the northernmost Red Sea⁴. The microdrill bit diameter was adapted to a coral's mean growth rate as estimated from X-radiographs in order to obtain at least six samples per year on average by continuous spot-sampling. For Sr/Ca analyses, inductively coupled plasma mass spectrometry was used (see Supplementary Information).

Radiocarbon and U-series dating

An accelerator mass spectrometry (AMS) ¹⁴C date of 3,290 \pm 35 yr before present (BP) was determined on coral AQB-10-B (KIA13708) at the Leibniz-Labor for Radiometric Dating and Isotope Research (Kiel, Germany). The ¹⁴C age was converted to calendar age using the CALIB 4.3 calibration program²², yielding an age of 2,910 calibrated yr BP (2σ range: 3,002–2,807 cal. yr BP). A ΔR value of 154 yr was used to correct for regional differences in reservoir age, based on six AMS ¹⁴C dates determined on two modern coral cores with established age models and data from the Marine Reservoir Correction Database (see Supplementary Table S1). Six thermal ionization mass spectrometry (TIMS) U-series dates were determined on coral AQB-3-A at the Forschungsstelle für Radiometrische Altersbestimmungen of the Heidelberger Akademie der Wissenschaften (Heidelberg, Germany).

The U-series ages range from 137.3 to 126.4 kyr ago and the initial δ^{234} U values are elevated, ranging from 215‰ to 385‰ and suggesting open-system behaviour of U-series isotopes. In order to solve this problem, a model approach was applied that yields an isochron age of 121.9 (+7.0/-6.3) kyr (2 σ range)¹³. The larger age error compared to usual U-series dating of corals arises from additional uncertainty due to the model assumptions. The age is consistent with peak sea-level conditions during the last interglacial, based on dated coral reef terraces from the Red Sea²³ (136 to 118 kyr ago) and elsewhere²⁴ (128 to 121 kyr ago), as well as with the last interglacial period in the Middle East¹⁴ (124 to 119 kyr ago). Moreover, coral AQB-3-A was collected from a complex of raised reef terraces with an elevation in the range of other last interglacial reef terraces along the Red Sea coast²³.

Calibration of the proxies

The seasonal maxima and minima in the Sr/Ca record of a modern coral (EILAT-15B) were tied to the corresponding extreme values in a monthly record of *in situ* SST²⁵. A linear least-squares regression was then carried out for bimonthly interpolated Sr/Ca and SST data (with SST defined as the independent variable), giving a relationship of:

Sr/Ca × 10³ = 10.781(±0.1181) – 0.0597(±0.00501) × SST (r^2 = 0.78). The slope of this regression equation is similar to that of calibrations at other locations²⁶. The same procedure was applied to the coral δ^{18} O record of EILAT-15B, giving a relationship of: δ^{18} O = 0.801(±0.2773) – 0.1514(±0.01176) × SST (r^2 = 0.81). The slope is similar to that of a calibration from the region⁴.

Using these equations to convert coral Sr/Ca and δ^{18} O to SST reveals large offsets in the coral-based mean SST between coral EILAT-15B and two other modern corals (AQ2, EILAT-1) for both proxies, most probably due to so-called vital effects. We therefore do not interpret coral Sr/Ca and δ^{18} O in terms of absolute SST, but quantitative estimates of the range of the seasonal SST cycle are possible, as the slope of the proxy-SST calibrations remains unaffected. Modern coral δ^{18} O data are from ref. 27, age models were constructed according to ref. 4.

Global circulation model and experimental set-up

The coupled atmosphere-ocean general circulation model ECHO-G is applied²⁸. The atmospheric part of ECHO-G is the general circulation model ECHAM4 with its T30 resolution, which corresponds to a gaussian longitude-latitude grid of approximately 3.8° × 3.8°. ECHAM4 is coupled to the HOPE ocean model including a dynamicthermodynamic sea-ice model. ECHO-G was adapted to account for the influence of variations in the annual distribution of solar radiation resulting from the varying orbital parameters²⁹, which were calculated after ref. 2. The timescale of the astronomical forcing was shortened by an acceleration factor of 100 to enable simulations of a >100 kyr period with ECHO-G²⁹. The insolation trends of the last 140 kyr are represented in 1,400 simulation years. Three ensemble experiments for the period 140 kyr ago to AD 1800 were performed with orbital forcing² only. Throughout the experiments, the greenhouse gas concentrations were fixed (latest Holocene values: 280 p.p.m. CO2, 700 p.p.b. CH4, 265 p.p.b. N₂O) and modern values for vegetation, sea level, and distribution of land, ocean and continental ice were used. The experiments were continued from AD 1800 onward with increasing greenhouse gas concentrations, reaching 370 p.p.m. CO₂ in AD 2000. The temperature anomalies induced by anthropogenic greenhouse gases are shown in Supplementary Fig. S10.

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